

**18th Annual Women's Morning of Reflection
St. Elizabeth Ann Seton & St. James Parishes
Gaining Strength and Choosing Peace**

Saturday, April 6, 2019 8:00 am - 12:00 pm
St. Elizabeth Ann Seton Parish Center, 114th & Fort Street
Registration Fee: \$15 in advance, \$20 at the door

Invite a friend to join you and share the experience together

Sr. Rosann Ocken, OSB, is a member of Immaculata Monastery, Norfolk, NE. She has served as teacher, campus minister, formation director, vocation director, oblate director and liturgy director for her monastic community. She spent 10 + years of ministry in East Africa where she served in administration. Her graduate studies in Pastoral Ministry are from Creighton University. She received a Certificate in Spiritual Direction from Sacred Heart Monastery in Yankton, SD. Sister Rosann is the prioress at Immaculata Monastery in Norfolk.

Overview: *Gaining strength and choosing peace* are distinct choices that we can make in addressing concerns in our lives and our world. Sr. Rosann will address spiritual and interpersonal approaches to foster strength and empower our choices to live more fruitfully in the midst of the challenges that are within and around us.

- 8:00 Registration begins (light breakfast available at 9:00)
- 8:30 Mass (optional) St. Elizabeth Ann Seton Church
- 9:30 Opening Prayer
- 9:45 Presentation followed by sharing
- 10:45 Break
- 11:00 Presentation followed by sharing
- 12:00 Closing Prayer



Be Green - Bring your favorite cup/mug and fill it with a variety of provided beverages.

Registration Form (Registration Deadline March 30, 2019)

Return this form & \$15 registration fee (\$20 if paying at the door) to
Linda Lytle, 11513 Sahler St., Omaha, NE 68164 (checks payable to St. James/Seton A.F.F.)

Name: _____

Street Address: _____

City: _____ State: _____ Zip Code: _____ Phone: _____

E-mail: _____ Special Need for Accommodation: _____